

Vol. 59, No. 14

Tyndall Air Force Base, Fla. *Gulf Defender*

April 7, 2000



Tech. Sgt. Sean E. Cobb

Team building

Army Staff Sgt. Dave Herwig, United States Army Golden Knights parachutist, shows special air show guests how to properly fold a parachute March 31 during the Gulf Coast Salute 2000 special air show. For photos and a story highlighting Saturday's Gulf Coast Salute 2000 open house and air show, see *Pages 8 and 9*.

325th SFS, Tyndall join forces, win AETC anti-terrorism award

Staff Sgt. Mona Ferrell

*325th Fighter Wing
public affairs*

Tyndall and the 325th Security Forces Squadron 'secured' another command-level award recently, winning the 1999 Anti-terrorism Award for best anti-terrorism and force-protection program in Air Education and Training Command.

The award is given to the base that has made exceptional strides in all facets of the force-protection and anti-terrorism mission, said Tech. Sgt. T.J. Milligan, 325th SFS installation anti-terrorism NCO. "This is more than a win for the security forces squadron," he said. "This is an award won by everyone who comprises Team Tyndall. All the way from the top on down — from the time a person's feet land on Tyndall to the time they PCS, everyone's involved in making sure we are adequately aware of our terrorist threat and are prepared to act against it."

While it's this base-wide awareness that allowed Tyndall's program to be named best in AETC, the implementation of the anti-terrorism program is done through the members of the wing security forces squadron and the Air Force Office of Special Investigations, Detachment 419. A joint team, comprised of members of these two organizations, conducted the 325th Fighter

Wing's first comprehensive anti-terrorism and force-protection vulnerability survey of base assets susceptible to hostile attack. This survey, a precursor to a joint-staff assessment, identified security deficiencies to 16 mission-critical assets.

Contributions toward this award can be seen throughout the base, Milligan said. Taking a pro-active approach to prevent terrorism, members of the 325th Civil Engineer Squadron joined hands with the 325th SFS, procuring training for design personnel on security engineering and anti-terrorism force-protection concepts for new construction projects and major facility renovations.

This training allows anti-terrorism concepts and requirements to be programmed for at the earliest stages of development, providing the highest degree of security at the lowest cost. Taking preventive measures a bit further, the installation anti-terrorism and force-protection NCO now conducts comprehensive reviews of all military construction projects, ensuring all force-protection principles are applied correctly.

Efforts like this allowed Tyndall to be cited for an unprecedented two "Best Practices," by a Joint Staff Integrated Vulnerability Assessment team in July 1999.

One of the "Best Practices" was for

"This is an award won by everyone who comprises Team Tyndall. All the way from the top on down..."

Tech. Sgt. T.J. Milligan

●Turn to AWARD Page 3

Be counted: Fill out the military census form

RANDOLPH AIR FORCE BASE, Texas (AFPN) — Tyndall people are making sure they are counted in Census 2000 by participating in the Military Census 2000, conducted from April 3 through Wednesday. Just as the Census Bureau is asking the public at large to participate in Census 2000, it is also asking

the men and women of the armed services to cooperate with census-takers. The Census Bureau has entered into partnerships with each branch of the armed services and has provided them with plans and materials for enumeration.

Census forms have been passed

●Turn to CENSUS Page 3

21 Tyndall members earn gold oak leaves

Congratulations to Tyndall's newest major promotees:

325th Medical Operations Squadron

Edith J. Yasso
Margaret M. Wagner
Brenda J. Roberts
Kimberly S. Herndon*
Nathalie F. Ellis*
Scott A. Davis
325th Civil Engineer Squadron
Daniel J. Clairmont

325th Operations Support Squadron

Anthony J. Massa**
William P. Crowe
95th Fighter Squadron
David L. Cool
325th Training Squadron
Edward B. Fisher
Chadwick H. Garber
Jeffrey M. Kamnikar
2nd Fighter Squadron
Santiago A. Vaca
John R. Thayer

Mark A. McGeorge
Andreas Jucker

325th Operations Group

Robert D. Herslow
Air Force Research Laboratory
Gus M. Fadel
Air Force Civil Engineer Support Agency
Dathan B. Jones
82nd Aerial Target Squadron
Erik R. Carlson
(* = PCS'd **=Inbound)

New AF symbol available for use

WASHINGTON (AFPN) — Air Force officials released guidelines March 23 that outline appropriate uses for the new Air Force symbol.

The symbol, which is being tested by Air Force leaders, will be used in a variety of ways, including outreach communication and advertising, to promote recruiting, retention and general public awareness of the Air Force and its value to the nation.

The guidelines represent the latest step in the testing of a new program to tell the Air Force story to airmen already in service, young people considering military service and to people who influence retention and recruiting decisions. Several versions of the design and the guidelines are available to the military and public on the World Wide Web.

“We’re excited to be able to make the design available to everyone and, based on the questions we’ve already received, I think we’ll be seeing a lot of it,” said Brig. Gen. Ron Rand, Air Force Public Affairs director.

The new symbol, which was introduced in January, is an update of the classic Hap Arnold Army Air Corps wings, which were re-introduced in 1994. Looking both like a bird of prey and a medal, the new symbol can now be used on “perishable” items such as stationery, presentation slides, hats, T-shirts and coins, officials said. The symbol should not be applied at this time to “nonperishable” uses such as aircraft, vehicles, buildings and base entrance gates.

“This symbol is one part of an effort to more effectively tell the Air Force story and present a

consistent Air Force image,” Rand said. “Eventually, when someone sees this symbol, they should immediately identify it with the Air Force.

“The design has many possibilities for use in a variety of settings,” he said. “There’s a white-on-black version, a white-on-blue version, a metallic version suitable for pins and a version which incorporates our existing major command emblems.”

The symbol is also available in several different formats, including versions that can be downloaded by anyone inside or outside the military. It can also be used with just about any type of software.

“This symbol doesn’t replace any we’ve used in the past,” Rand explained. “This initiative is much more than a new symbol or advertising slogan. It’s part of a comprehensive effort to improve recruiting and retention, both of which are serious problems that directly affect our readiness and ability to accomplish our mission.

“We recognize that change causes turbulence, and if this symbol is eventually adopted formally, the long-term cultural change we envision will take years,” he said. “Meanwhile, we’ll continue to test it... and we’ll pay close attention to the feedback we get. People can send comments and feedback to afstory@pentagon.af.mil.

“The new symbol is a great combination of our history and our future,” Rand said. “It will be the most visible part of our plan to make sure everyone, in and out of uniform, knows what it means to be an airman.”



Staff Sgt. Mona Ferrell

Tax help

Senior Airman Wendy Beech, 325th Fighter Wing civil law paralegal, helps Maj. William Costlow, 325th FW operations center chief, prepare his 1999 income tax forms. The legal office will hold their last tax assistance clinic 9 a.m. - 3 p.m. Saturday. Customers are helped on a walk-in basis only. April 15 is the deadline for taxes to be turned in to the Internal Revenue Service.



●**CENSUS from Page 1**
out to unit project officers, said Maj. Kathleen Smith, base project officer. Unit project officers are distributing forms to each military person assigned to Tyndall. All active-duty people must complete the form and return it to their unit's project officer no later than Tuesday to ensure they are counted.

Including stateside and overseas armed forces personnel in the official state totals will help determine the number of seats each state will have in the U.S. House of Representatives. Census

information also helps decision-makers understand where to build hospitals and highways and which neighborhoods need new schools, more services for the elderly or housing assistance. People who answer the census also help their communities obtain the correct amount of state and federal funding.

Armed forces personnel living in conventional housing in the United States, either on or off an installation, also will receive a household questionnaire. Housing on the installation is enumerated through the same procedures the

Census Bureau uses for housing in the surrounding area. It is important for armed forces personnel living in conventional housing to fill out both the household questionnaire and the special form they receive at their work unit. The Census Bureau will eliminate any duplication during processing.

It is also important that everyone answer all the questions on the census forms. Answers are confidential and no data on any individual or family will be published. By law, the Census Bureau cannot share an individual's answers with others,

including welfare agencies, the Immigration and Naturalization Service, the Internal Revenue Service, the courts, the police or the armed forces.

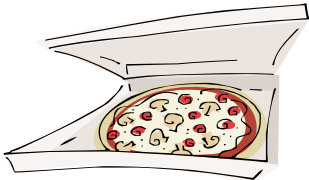
The census employees and armed forces personnel who help with the census at the installation are sworn to protect the confidentiality of all answers. Anyone who breaks this law can receive up to five years in prison, \$5,000 in fines or both. The law works — millions of questionnaires were processed following the 1990 census without a single breach of trust.

●**AWARD from Page 1**

Tyndall's Resource Augmentation Duty augmentee program. The team was impressed by Team Tyndall's capability to generate three times the required number of fully-trained READY augmentees which gives the base incredible security response flexibility and sustainment capability.

The READY augmentee program could not be carried out successfully without the help of everyone on Tyndall, Milligan said. "Preventing terrorism is a responsibility we all hold," he said. "It's this awareness, during our day-to-day activities and particularly during exercises, that made winning this award possible."

The value of team work cannot be underestimated, agreed Maj. Eugene A. Robinett, 325th SFS commander. "Winning this award is a testament to the hard work that everyone has been putting forth since the JSIVA team visited in July," he said. "The members of the anti-terrorism and force-protection working group have made this award a reality."



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Monday and Thursday**

The recruiting challenge; a responsibility we all share

AF recruiters doing a great job, but they need our help

★
★
★
★
A View from the Top
By Gen. Lloyd W. “Fig” Newton

RANDOLPH AIR FORCE BASE, Texas (AETCNS) — It’s been in the news media and we’ve been talking about it throughout the Air Force — it’s the challenge of continuing to recruit the number of quality young men and women needed to sustain the readiness and effectiveness of our Air Force. Last year, we fell short of our goals and this year is proving to be tough, too. But, with your help, we can successfully meet this challenge.

Our first priority is to strengthen our cadre of recruiters. We’re working now to add 300 more recruiters where we need them most, in recruiting offices throughout America’s communities. Air Force Secretary Whitten Peters also announced a goal of raising the total number of recruiters to 2,000, up from 1,000 just a year ago. This initiative will help us establish a regular presence in communities previously only visited occasionally by an Air Force recruiter.

Individual supervisors can help with this recruiter-force increase by encouraging sharp airmen to volunteer for this special-duty assignment. The assignment isn’t easy, but it can be rewarding and it’s critical to our Air Force.

We’re providing recruiters with more tools than ever to be successful. Paid television

advertising is boosting our visibility to our nation’s youth. Air Force Recruiting Service has a web page to help connect with the online generation. And, we’ve contracted for a traveling display, a high-tech attraction designed to ignite the interest of young adults.

“The Air Force Experience” is an educational, exciting display of flight simulators, computer kiosks, dynamic video presentations and an F-16 static display. It’s attracting widespread interest wherever it goes and providing good leads for recruiters.

“The Air Force Experience” is a great idea, but one display can only visit a limited number of locations. We still need everyone in Air Education and Training Command and the Air Force to make a personal commitment in the spirit of the “We are All Recruiters” campaign. The biggest factor in success can be a person’s initiative and motivation.

How can you do your part? Volunteer to escort when your base holds tours for student groups or educators and guidance counselors or offer to speak at local high schools for their career days. Be a youth mentor. Speak at community meetings about the opportunities, challenges and rewards of a military

career. You can also contribute by talking about your Air Force and wearing your uniform proudly as you travel. I’ve recently directed that all chief master sergeants and lieutenant colonels and above in AETC wear their uniform when traveling on official orders within the United States. I encourage others to do so, too. I hear many stories of military people being asked about life and careers in the military by people they meet while traveling. You can add the personal touch — relating how young men and women can learn valuable skills, gain additional education and see the world — to

what the American public might hear through advertising and news media. Often, you will clear up misconceptions based on misinformation.

It’s interesting to note that two top recruiters for

last year served in Honolulu, Hawaii and San Antonio, Texas, two cities with very high representation of military living and interacting with neighboring civilian communities. What this tells me is that in those communities where we are regularly seen and where our mission and lifestyle are familiar, recruiting is far more successful. We must do more to reach out to communities where there is little interaction with military people.

I believe we will turn the corner on recruiting this year. We’re committing money and people to the task, but it will take everyone in the Air Force to do their part.

We still need everyone in Air Education and Training Command and the Air Force to make a personal commitment in the spirit of the “We are All Recruiters” campaign.

Viewpoint

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Editorial content is edited, prepared and provided by the public affairs office at Tyndall. All photographs are U.S. Air Force photos unless otherwise noted.

The deadline for article submissions to the *Gulf Defender* is 4 p.m. Friday, prior to the week of publication unless otherwise noted. Articles must be typed and double-spaced, preferably on a 3.5-inch disc. Stories should be submitted directly to the public affairs office, Building 662, Room 129, or mailed to: 325 FW/PAI, 445 Suwannee Ave., Tyndall AFB, FL, 32403-5425. Public affairs staff members edit all material for accuracy, brevity, clarity, conformity to regulations and journalistic style. The delivery of the *Gulf Defender* to Tyndall base housing sections is provided by the *Panama City News Herald*.

For more information, or to advertise in the newspaper, call (850) 747-5000.

Safety stats

Category	'00	'99	Trend
On duty	0	0	0
Off duty	2	1	+1
Traffic	0	0	0
Sports	0	1	-1
Fatalities	0	0	0
DUIs	3	5	-2



Commander's corner: Team Tyndall spirit flies high at Gulf Coast Salute 2000

Brig. Gen. Walter E. Buchanan III
325th Fighter Wing commander

Congrats and thanks to all! **Gulf Coast Salute 2000** was an enormous success, with more than 30,000 people visiting the base to enjoy the day with us. And as always, Team Tyndall made us proud, from the planning and logistics to the actual performances. Let me congratulate **Maj. Allen Hicks, Capt. Paul Burger**, and the *entire* open house committee for a fabulous event. Their hard work and dedication over the past few months made it happen.

The Gulf Coast Salute ensures that at least once a year we publicly welcome our community neighbors and thank them for all they do throughout the year. It is also a great time to demonstrate the tremendous pride and professionalism resident in their armed services. Sure, it's great when we can attract one of the major flight-demonstration teams like the Thunderbirds or the Blue Angels. But even if we can't do that every year, the good will we build by inviting our neighbors to enjoy a day with us makes the annual event well worth the effort. Thanks again.

The Gulf Coast Salute was just the beginning of what's shaping up to be a busy spring for Team

Tyndall. Our training missions continue unabated, and on top of that, we have Readiness Challenge, which will draw participants from around the world, and other community events such as our annual Heritage Day celebration.

We're also wrapping up another base-wide effort — the **Air Force Assistance Fund**. It's an effort that should be near and dear to all of our hearts, because with it we take care of our own. We closed the drive on Friday, collecting **104 percent** of the wing goal! I'd like to thank **1st Lt. Lori Vessels**, 325th Maintenance Squadron, who headed up our drive and all of you who contributed to this very worthy cause.

Lastly, we need to talk safety — we recently had three people pulled over for DUI. Fortunately, no one was hurt so we dodged a bullet there, but this is a trend we must break now! Activity on the beach remains high with spring break. As the weather continues to warm, there will be the temptation to party hard. Please don't overindulge and expose you and your friends to needless risk. It just takes a little common sense to plan ahead for a designated driver, or care enough to take the keys from a friend who's had enough. Let's take care of each other and enjoy all that's great about being here in sunny Florida. Have a great Air Force week!

Be a winner; it just takes three ingredients Recipe of opportunity, aptitude, attitude can guarantee success

Master Sgt. Raymond Frez
53rd Weapons Evaluation Group first sergeant

At an awards banquet I attended recently, the guest speaker, retired Chief Master Sgt. of the Air Force Robert D. Gaylor, delivered a very motivational speech centered on how winners get to where they are. Gaylor started his talk by saying that in order to become a winner, you need three ingredients. Those three ingredients are opportunity, aptitude and attitude.

The first ingredient is opportunity. Opportunity comes in many shapes and sizes, some recogniz-

able; others not so recognizable. It could be as subtle as taking charge of a task to a more intense and demanding job that may require you to make a permanent change of station move to another base.

Opportunity also involves a bit of risk taking and making sacrifices. Have you ever been offered an opportunity and turned it down because your spouse had a good job, the kids were doing great in school or you were involved in a community league. Be careful when you turn

down an opportunity, it might not come around again.

The second ingredient is aptitude. Aptitude defines what you are able to do, academically and knowledgeably. In your job, or air force specialty classification, obtain maximum qualification and proficiency. Take on those difficult jobs no one else

wants.

You can also prepare yourself academically by taking professional military education courses. Courses can be taken either formally or through correspondence. Also, by visiting the education center and seeking off-duty education, you can even take CLEP exams

for knowledge you already have without taking any school courses. This in turn will prepare you, and when opportunity comes knocking with strings attached, you will have the credentials needed.

The third and final ingredient to help you be a winner and succeed is attitude. No one can make you unhappy — that comes from within yourself. Your attitude plays a major factor to get you through the good and bad times.

Many people say they don't like something and when you ask them if they've ever tried it, they reply no. The key is to get involved and make the best of a bad situation. When life serves you a lemon, instead of complaining make something of it and make lemonade.

Action Line



Master Sgt. Rob Fuller

Airman 1st Class Jeffrey Garren, Tyndall Honor Guard member, demonstrates the finer points of folding a flag to Brig. Gen. Buck Buchanan, 325th Fighter Wing commander, during honor guard practice.

The Action Line is your direct line to me. It is one way to make Tyndall a better place to work and live.

Action Line calls are recorded and staffed through the proper agency. The goal is to provide you with an accurate, timely response. You must leave your name, phone number or address to receive a response.

Questions or comments of general interest will be published in this forum. This avenue should only be used after coordinating problems or concerns with supervisors,

commanders, first sergeants or facility managers. If you're not satisfied with the response or you are unable to resolve the problem, call me at 283-2255.

For **fraud, waste and abuse** calls, you should talk to the office of inspections, 283-4646. Calls concerning **energy abuse** should be referred to the energy hot line, 283-3995.

Brig. Gen. Walter E. Buchanan III
325th Fighter Wing commander

Whether it's a bad assignment or job, your attitude will play a major factor to get you through the good and bad times.

IMA: Another way to serve your country

Capt. Tania Daniels
*349th Air Mobility Wing
public affairs*

TRAVIS AIR FORCE BASE, Calif. (AFPN) — Ever heard of an IMA? You may be vaguely familiar with the term, something to do with the Air Force Reserve, but do you know what they do?

IMAs, short for individual mobilization augmentees, are part of Air Force Reserve, yet serve in a very different capacity than their counterparts assigned to Air Force Reserve Command units.

They make up one of the most flexible and cost-effective elements of the total force and are the closest Reserve link with the active force. They are usually assigned to active-duty units and function as a total-force multiplier to augment the active force in war, contingency operations and peacetime. Like unit reservists, IMAs are the first-line back up for the active-duty Air Force, but more and more, they are fulfilling their share of deployments in peacetime as well.

“The IMA program has changed a lot in the past few years,” said Maj. Gen. Robert A. Nester, Air Force Reserve mobilization assistant to the chief. “We look at ourselves as more operational now than just as a backfill.

“As an IMA, part of the job is to figure out how to communicate with the active-duty force,” said Nester, who retired Saturday after 36 years of military service. “The trust has to be built, but soon enough, the IMAs become the continuity for the unit, with their depth of knowledge and experience.”

Currently, there are more than 12,000 IMAs Air Force wide. Most IMA positions are in specialist skills like logistics, contracting and engineering, as well as medical groups, security forces and intelligence. The areas of communications, space and information warfare are growing as well.

“On any given day there are more than 4,000 IMAs on duty and about 400 to 500 IMAs deployed somewhere in the world,” said Nester, who has served as the principal adviser for the IMA program since September 1994. “There are many opportunities for deployment

on a voluntary basis, and the IMA volunteers are made available to active-duty commanders to help fill these temporary duty requirements.”

Maj. Bill Kennedy, an IMA to the commander at the 325th Security Forces Squadron, likes being an IMA because it allows him to get out of his normal environment and maintain his military proficiency.

“I like being available for deployments and it gives me another outlet to enhance my professional expertise,” said Kennedy, who owns a business as well as being a licensed private investigator in Northwood, N.H. “Being an IMA also helps me maintain my physical fitness — something the military takes more seriously than businesses in the civilian sector.”

According to Nester, the average IMA works about 35 days a year, but one out of every five is pulling around 180 days a year.

The IMA program began in the late 1940s and grew out of the Army Air Forces’ first attempts to train individual reservists in the period between World War II and the Korean War. The AAF leaders felt the need to maintain a large pool of trained personnel, which could be called upon in the event of a war or national emergency.

In July 1946, the AAF plan for training both Reserve units and individual reservists was approved. Several years later, the Air Force chief of staff directed all major- command missions to incorporate specific Reserve training responsibilities, and the Air Staff published a directive on the assignment, administration and training of individual reservists at active-duty bases, thus the IMA program was born.

There are three ways to request information on how to become an IMA:

- People can call the Air Reserve Personnel Center in Denver, (800)525-0102, and ask for the assignment opportunity system.
- Interested members can access the Air Force Reserve Command ARPC homepage at: afrc.af.mil.
- Or people can call the major command they are interested in working for and ask for the IMA program manager to see what is available in that program.



Staff Sgt. Mona Ferrell

Maj. Bill Kennedy, 325th Security Forces Squadron IMA to the commander, talks to a 325th SFS patrolman on the radio. Kennedy, who lives in Northwood, N.H., has been an IMA for six years.

Team Tyndall’s enlisted club; is it dying?

Joe Caruso
Pelican Reef Enlisted Club manager

Is Tyndall’s Pelican Reef Enlisted Club dead, dying or alive? Now that’s a good question. Not dead, dying maybe, alive — just barely. To change this and give the club a jump start we have a new advisory board that is very energetic and cares about the future of the club. The new board was

chartered to “make a difference”, and I believe they will. They have fresh ideas and are willing to get out to the base populace and find out what the enlisted members of Tyndall want from their club.

In the past two months, the club has gone through some major changes. One has been the elimination of a contract that limited our entertainment options. We now have the ability to design our entertainment around what the

membership wants. With the help of the advisory board and your suggestions, a variety of entertainment programs will be offered.

Improvements to our lunch buffets are continuous and, I believe, make the buffets the best in our area. Where can you go for just \$4.95 and have an all-you-can-eat lunch buffet featuring, on given days, fajitas, sirloin steak, carved roast beef, country cooking and of course all the

shrimp you can eat for \$5.95? Add the salad bar, free beverages and desserts, and you have a lunch that is tough to beat.

We also just purchased 10 new 27 inch TVs to be used in the Zone and Pizza Pub, and we are gearing up for the coming sports year, including the return of NFL Sunday satellite broadcasts. In addition, funds have been approved for new tables and chairs throughout the club. New furniture for the Pizza Pub is also

recently installed.

Evening dining at the club includes two-for-one steak night on Wednesdays, all you can eat prime rib on Thursdays, surf and turf on Fridays, and all you can eat snow crab legs and spiced shrimp every Saturday night.

Once a month membership nights have also been reinstituted and include a free dinner. In addition, members receive a \$10 gift certificate during their birthday month, good toward any meal.

The club is not dead. However, its continued operation depends on membership and participation. Management will continue its efforts to provide what the member wants, but it is up to all of us to increase membership support and make our club the place to go.

Military census



The last day to take the military census is Wednesday. For more information, see *Page 1* or see your unit project officer.

Fill out
your
military
census
form, it
only takes
a minute.

Feature

Tyndall shows hand — full house at open house

Tech. Sgt. Sean E. Cobb
325th Fighter Wing
public affairs

More than 30,000 people crowded Tyndall's flightline for the Gulf Coast Salute 2000 air show Saturday, giving Team Tyndall the opportunity to "show off" to a packed house.

"We estimated the crowd count at around 30,000," said Maj. Allen Hicks, Gulf Coast Salute 2000 coordinator. "There wasn't much space left over on the flightline after you consider the planes, booths and people."

With 23 flying demonstrations and four ground demonstrations, there was non-stop excitement from the time the gates opened at 9 a.m. until the show was over at 4 p.m., Hicks said. "We planned to have an action-packed show that was big, fun and had something for everyone — I believe we achieved that," he said. Everything went as planned, with the exception of the Golden Knights second jump, which was canceled due to high winds.

However, they did an awesome low-level fly-by with their jump plane keeping the show going."

In addition to the flying and ground acts, there were 49 static displays that people could get up close to, and some of them they

could get in. "We had quite a few more static displays this year than normal, and I think the people really appreciated being able to see and touch the aircraft that protect the skies for America," Hicks said.

The static displays were a mix of heritage aircraft that have flown in the United States military, foreign military, civilian aircraft previously flown in the military and aircraft currently being used by the military services.

A jump by the U.S. Army's Golden Knights with the United States flag opened the show along with the national anthem, sung by 2nd Lt. Dolly A. Dimke, 325th Training Squadron air battle manager trainee.

Another major attraction was the Super Shockwave jet truck. A real crowd-pleaser, with two jet engines strapped to its back, it rocketed down Tyndall's runway at more than 320 miles per hour. The Super Shockwave also raced two aircraft down the runway, a F4-U Corsair and the Eagle Duster bi-plane, and won both races.

With so much to see and do, there was something for everyone. "My family and I really enjoyed the show," said Tech. Sgt. D.J. Smith, 325th Operations Support Squadron aerospace propulsion quality evaluator, who was there with his

wife, three sons and daughter. "We really liked the North American Aerobatic Team show, and my son Joshua loved the helicopters — it was just a lot of fun for all of us." There were flight simulators, laser tag and a big slide for the families.

There were also 25 refreshment booths, manned by 65 base volunteers, to keep people attending the air show from getting hungry and thirsty. "The booths ran very smoothly," said 2nd Lt. E. Jonelle Eychner, 325th Services Squadron executive officer. "We provided the community with a large food and drink variety, and it seemed everyone appreciated the service."

The volunteers and people who worked the air show, from the details crew to the air show committee, were the keys that guaranteed the success of the event, Hicks said. "We could not have pulled this off as well as we did without the quality people we have here at Tyndall," Hicks said. "I would like to thank everyone who helped with the air show — they all really did an outstanding job."

"I would also like to thank everyone who came out to see the show. We appreciate their interest in what we do out here at Tyndall, we hope they enjoyed their visit and we look forward to seeing them all at our next air show," Hicks said.



Tech. Sgt. Sean E. Cobb



Tech. Sgt. Sean E. Cobb

Tom Kolessar of Crestview, Fla., pilot of a T-6 "Texan," sits on the wing of his plane taking in the air show. The T-6, built in 1944, was used by the Navy until the early 1950s.



Tech. Sgt. Sean E. Cobb



Tech. Sgt. Sean E. Cobb



Tech. Sgt. Sean E. Cobb



Tech. Sgt. Sean E. Cobb

Top left: Joshua Johnson, son of Tech. Sgt. D.J. Smith, 325th Operations Support Squadron aerospace propulsion quality evaluator, tries the feel of a GAU-2 mini gun on a HH-60G combat search and rescue helicopter from the 41st Rescue Squadron at Moody AFB, Ga.

Top center: A Golden Knights parachutist lands in front of a Tyndall F-15 during The flag jump for the special show.

Top right: Natasha Smith, daughter of Senior Master Sgt. John Smith, 16th Electronic Warfare Squadron program manager here, sees how it might be to wear Air Force blue and takes a ride in an Air Force recruiting jet.

Center left: Army Staff Sgt. Dave Herwig, Golden Knights parachutist, has some children help him fold his parachute.

Center middle: Joey Menck sits at the controls of a C-130 transport aircraft.

Center right: The Super Shockwave, a 1957 Chevy pickup with two jet engines, makes a run down Tyndall's runway at more than 320 miles per hour.

Bottom left: An F-117 Stealth Fighter rolls in for a landing after its fly-by.

Bottom middle: Members of the Tyndall Honor Guard, from left to right; Airman 1st Class Lacey Rauson, Senior Airman Michael Crawley, Senior Airman Theodore Telreault and Airman 1st Class Joshua Bragg, post the colors before the Army Aviation Heritage Vietnam experience show.

Bottom right: Charles Thomas, Panama City, takes a pedal plane for a test flight on Tyndall's alternate runway.



Staff Sgt. Mona Ferrell



Lisa Carroll



Staff Sgt. Mona Ferrell



Tech. Sgt. Sean E. Cobb

Ribbon campaign promotes the end of child abuse, neglect

Sheri Ward
Tyndall Family Advocacy Office outreach manager

Tyndall is joining hands with the Family Source of Florida and other concerned organizations across the state, asking everyone to demonstrate their commitment to ending child abuse and neglect by wearing a blue ribbon during the month of April; national Child Abuse Prevention Month.

“The Blue Ribbon Campaign is

gaining momentum both in Florida and nationally,” said Stephanie Meincke, Family Source of Florida president. “It’s one way that everyone in our community can play a role in child-abuse prevention. Wearing a ribbon is a reminder that the problem of child abuse is still very much with us, and it’s time to start finding solutions.”

The blue ribbon was first used by two grandmothers, one in Virginia and one in Florida, to

commemorate the deaths of children they loved and were unable to protect from abusive parents. Each grandmother chose a similar solution to galvanize local action to safeguard children.

“The idea spread from the north and south to become a national symbol.”

Meincke said. “Blue, the color of hope, is used in the hope we can stop all child maltreatment.”

“Wearing a ribbon is a reminder that the problem of child abuse is still very much with us, and it’s time to start finding solutions.”

Stephanie Meincke

Also, an additional 39 deaths showed indications of abuse or neglect.

“Citizens and parents concerned about the problem of child abuse and neglect are challenged to display a blue ribbon in every business, church, school, hospital and home,”

Meincke said. “Thousands of people in Florida and across the nation are responding to this challenge and are taking important steps toward protecting our children and securing for them a healthy and happy life.”

Tyndall’s local efforts to recognize Child Abuse and Prevention Month include:

- Today: An information booth will be set up at the Tyndall Base Exchange from 11 a.m to 1 p.m.

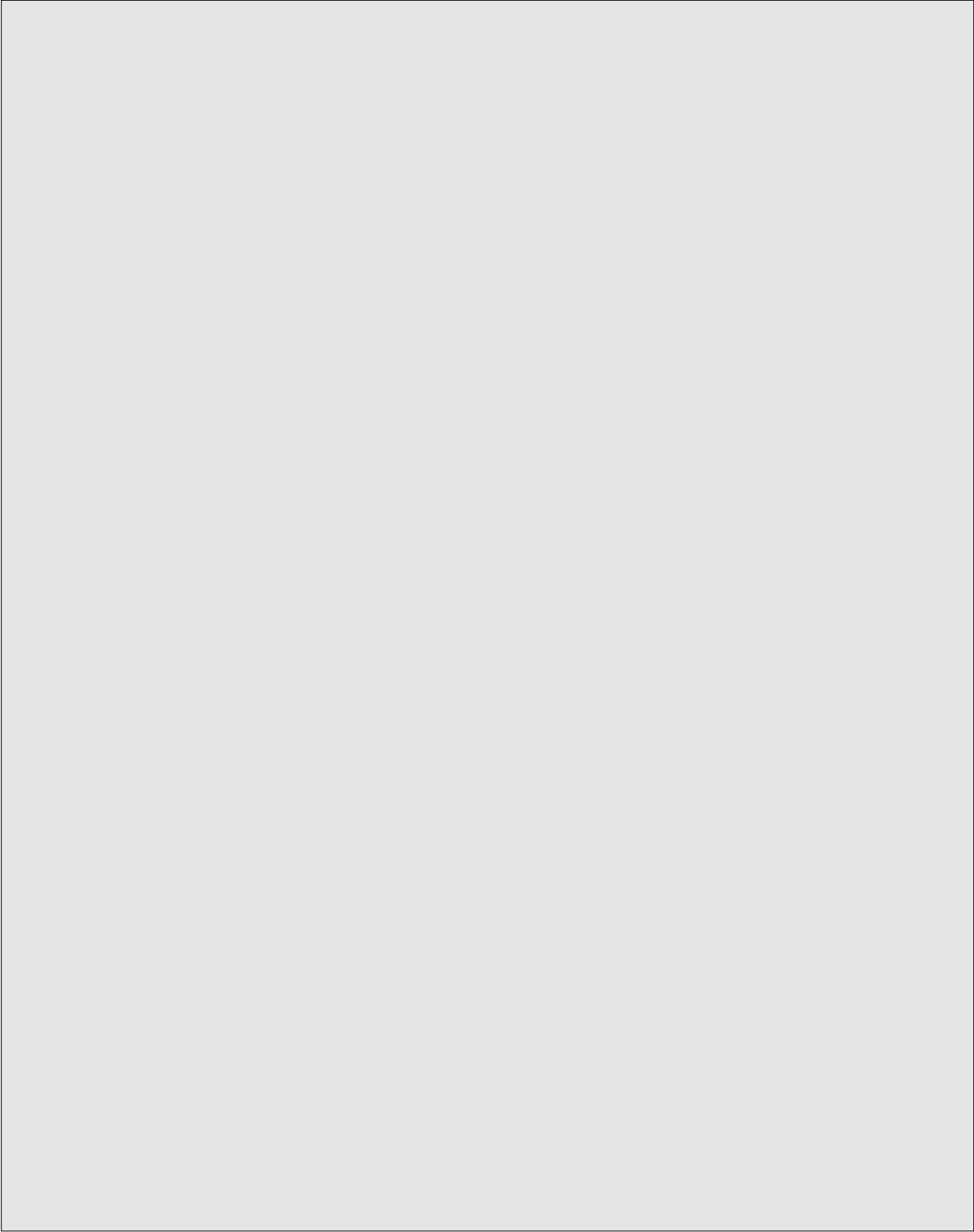
- April 14: There will be a child abuse awareness forum at the Tyndall Health and Wellness Center, Building 1307, from 11 a.m. to 12:30 p.m.
- April 21: An information booth will be set up at the Tyndall Base Exchange from 11 a.m. to 1:30 p.m.

People can pick up a blue ribbon at each of these locations. Ribbons can also be obtained at any of the following locations: family advocacy office, hospital lobby, pediatric clinic, family practice, HAWC, child development center, the youth development center or base library.

The family advocacy office also provides several classes to promote healthy, happy families. For a full listing of classes available, visit the the family advocacy office, or call 283-7272. A family advocacy monthly newsletter is also available upon request. The letter contains stress-management tips, parenting tips and upcoming class schedules.

Tyndall’s chapel schedule

Protestant Communion Service 9:30 a.m. Chapel 1 General Protestant Service 11:00 a.m. Chapel 2 Sunday school 9:30 a.m. Chapel 2 Kids’ Club 2:45-5:45 p.m. Wednesday	Mass: 5 p.m. Saturday, Chapel 2 Mass: 9:30 a.m. Sunday, Chapel 2 Religious education: 10:40 a.m. Sunday, Chapel 2
Catholic Daily Mass: noon Monday through Friday, Chapel 2; Reconciliation: 4 p.m. Saturday	E-mail: 325fwhc@tyndall.af.mil Chapel 1: 283-2691 Chapel 2: 283-2925 Spiritual Maintenance: 283-2367 Other faith groups: Call 283-2925



Tyndall alcohol-related incidents on the rise

Staff Sgt. Scott Hagen
325th Fighter Wing
safety office

Team Tyndall has had an increase in alcohol-related incidents in the last month. We have experienced people driving under the influence of alcohol, underage drinking, public intoxication and reporting to work while under the influence of alcohol.

Alcohol can inhibit our ability to accomplish our mission and cloud our judgment. Yet, everyday someone makes a decision to get behind the wheel of their automobile after drinking, thinking they're OK to drive.

Sometimes they're lucky to be just pulled over and put in the tank overnight to sober up. Other times they end up in an accident that affects the

lives of people whom they've never met.

It's also unfortunate that some younger professionals feel consuming alcohol makes them "real" adults. It doesn't; it's not responsible behavior and it's against the law. It is also against the law for anyone to provide alcohol to minors.

However, lately a few members of Team Tyndall have not been responsible in their endeavors. They have broken the law by drinking and driving and providing alcohol to minors. Fortunately, they didn't end up affecting the lives of others, just their own, through stiff fines and disciplinary action.

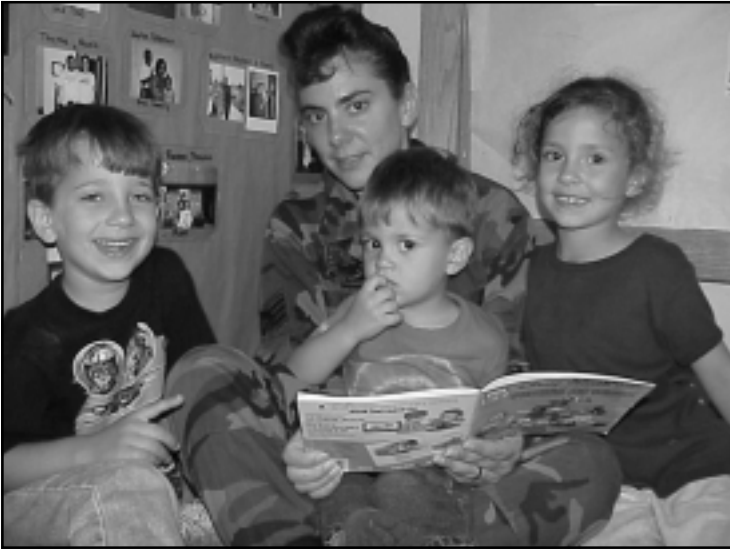
There are alternatives to drinking and driving. The wing has an outstanding DUI prevention program

available to all military personnel. In addition, all of the local taxi services and most clubs around Panama City have the 325th Fighter Wing Taxi Card.

If you have had too much to drink and don't have a designated driver the card will provide you a free ride home. The taxi companies will send the card to the 325th Fighter Wing safety office who will bill the individual for the ride. Most base units also have outstanding designated-driver programs, which compliment the wing taxi card.

There's no excuse to drink and drive or provide minors with alcohol. Act responsibly when you consume alcohol. People you have never met will appreciate it, Team Tyndall appreciates it and most of all you will appreciate it.

Spotlight



Staff Sgt. Mona Ferrell

Staff Sgt. Lori Kush

Squadron: 325th Operations Group
Job title: F-22 Advanced Programs, information manager
Years at Tyndall: Two and one-half years
Years in Air Force: 13 and one-half years
Hometown: Cleveland, Ohio
Children's names and ages as pictured: Sean, left, is five; Michael, middle, is two; and Jennifer, right, is six.
Why did you join the Air Force: To travel and gain new experiences.
Family activities you and your children do together: Go to church, read and go to girl scouts. I also love listening to the new comments they come up with each day.
Most exciting facet about being a parent: Watching the excitement in my children's faces when they enjoy something and the joy in their eyes when they master a task they've just learned.
Family's long-term goals: Raise my children to be the best people they can be.
Favorite book you read to your children: Any Dr. Seuss or Walt Disney book
Favorite movie you watch together: "Tarzan"
(Editor's note: April is Month of the Military Child. All spotlights will focus on Team Tyndall members with children.)



TAKE TIME WITH YOUR KIDS
**Read to them
learn together**

Your link
to what's going on

Gulf Guide

in the
Tyndall community

APRIL

FRI 7

'Bonehead Reunion'

The 95th Fighter Squadron's 58th Annual 'Bonehead Reunion' is today and Saturday. Former members of the 95th FS, the 82nd Fighter Group and anyone who would like to meet those who served before us are invited to attend. For more information or to make reservations, call 2nd Lt. Mary Redick, 283-2910.

Technical exposition

A Global Positioning System and Geographical Information Systems Technical Exposition is 9 a.m.-5 p.m today at Gulf Coast Community College. The exposition will provide area residents the opportunity to meet vendors, attend lecture sessions and see how GPS/GIS is used in Bay County.

SAT 8

Saturday tax clinic

A tax clinic will be 9 a.m.-3 p.m. Saturday at the base legal office. For more information, call Senior Airman Wendy Beech, 283-4681.

MON 10

Sailing class

The Coast Guard Auxiliary Flotilla 19's sailing fundamentals class will be 7-9 p.m. Monday in the auxiliary classroom next to the Coast Guard station. This course will meet Mondays and Wednesdays through May 8. The class will teach seamanship and navigation rules. There is no charge for the instruction, but a \$25 material charge is necessary for the book and study guide. For more information, call 769-1896 or 747-4973.

Anger-control workshop

An anger-control workshop will be 9-11 a.m. Monday, April 17 and 21 in the family advocacy conference room. For more information or to register, call family advocacy, 283-7272.

TUE 11

Budgeting skills class

A free budgeting skills class offered by the Consumer Credit Counseling Service is 11 a.m.-12:30 p.m. Tuesday in the family support center classroom. For more information or to register, call the family support center, 283-4204.

Infant and toddler CPR class

An infant and toddler cardiopulmonary resuscitation class will be 11 a.m.-noon Tuesday in the family advocacy conference room, Building 1305. Participants are encouraged to wear comfortable clothing. For more information or to register, call family advocacy, 283-7272.

WED 12

GCCC registration

Registration for Gulf Coast Community College's summer A, B and fall classes will be 9 a.m.-5 p.m. Wednesday at the education center. For more information, call the education center, 283-4332.

NCO association meeting

The NCO Association's general membership meeting will be 11:30 a.m. Wednesday in the NCO Academy auditorium. For more information, call Staff Sgt. Robert Barnett, 283-8734.

THU 13

Siblings' preparation class

A siblings' preparation class for children ages 2-10 and their parents will be 3-4 p.m. Thursday in the family advocacy conference room. For more information or to register, call family advocacy, 283-7272.

FRI 14

Women veterans' briefing

A women veterans' benefits briefing will be 9-11 a.m. April 14 at the community activities center. The seminar will provide information on veteran affairs services available to women with emphasis on health care. For more information or reservations, call the family support center, 283-4205.

Resume workshop

A resume workshop will be 8 a.m.-noon April 14 in the family support center classroom. Assistance will be given in resume preparation and production. For more information or reservations, call the family support center, 283-4205.

SAT 15

Kidfest 2000

Kidfest 2000, presented by Early Childhood Services, will be 10 a.m.-5 p.m. April 15 on the grounds of Gulf Coast Community College. The festival provides a day of activities and entertainment for children and families in the tri-state area. The admission is a \$1 minimum donation. All area businesses, individuals or organizations interested in sponsoring an activity or contributing funds, services or volunteer hours, can call, 872-7550.

NCO association car wash

The NCO Association's car wash will be 9 a.m.-3 p.m. April 15 in front of Burger King in the main exchange parking lot.

THU 20

Holy Week worship

A Catholic Holy Thursday Mass, Adoration of the Blessed Sacrament, will be 5 p.m. April 20 in Chapel 2. A Protestant service, "The Witness", a dramatization, will be 7 p.m. April 20 in Chapel 1. For more information call the chapel, 283-2925.

NOTES

Identification card renewal

The 325th Mission Support Squadron's customer service advises anyone needing a new ID card to stop by their office 30 days before their card expires. For more information, call customer service, 283-2276.

Air Force Reserve

Air Force Reserve opportunities are available for airmen separating from active duty as well as those interested in the 'Palace Chase' program. For more information, call Tyndall's

new in-service recruiter, Master Sgt. Bill Beasley, 283-8384.

Volunteer opening

A job opening for a volunteer is currently available at Tyndall's Airman Leadership School. The position will include computer work, answering the phones, taking messages and filing and assisting with test analysis. For more information, call Ken Horton at the family support center, 283-4204.

RETIREE NEWS

TRICARE may be easier to understand in the future as the result of a new e-mail system that allows individuals with access to a computer to e-mail their TRICARE questions, issues, or concerns to the experts who can help. The e-mail address is: TRICARE_Help@amedd.army.mil.

Whether looking for basic TRICARE information or for more difficult issues, there are experts on staff to answer questions. If the issue is beyond their control they will route it to the appropriate agency. Initial responses will be answered within one business day. The initial response will let you know which TRICARE expert has been assigned to help answer the question. In some cases the issue can be resolved the same day. In more complex issues, expect at least a preliminary answer in a week. Each e-mail is tracked to make sure all mail is answered promptly.

YARD SALES

There are no yard sales scheduled for Saturday.

BASE THEATER

Today: "Scream 3" (R, strong horror, violence and language, 116 min.)

Saturday: "Scream 3" (R, strong horror, violence and language, 116 min.)

Sunday: "Boiler Room" (R, strong language and some drug content, 119 min.)

Thursday: "Boiler Room" (R, strong language and some drug content, 119 min.)

BERG LILES DINING FACILITY

Today

Lunch: barbecued chicken, steak strips smothered in onions

Dinner: tomato meat loaf, baked tuna and noodles

Saturday

Lunch: stuffed green peppers, roasted turkey

Dinner: herbed baked chicken, southern-fried catfish fillets

Sunday

Lunch: vegetarian lasagna, chicken Parmesan

Dinner: beef balls stroganoff, lemon-baked fish

Monday

Lunch: beef pot pie with biscuit topping, chicken breast with orange glaze

Dinner: Cajun meat loaf, crispy-baked chicken

Tuesday

Lunch: pancit chicken, beef porcupines

Dinner: grilled ham steak, chili macaroni

Wednesday

Lunch: Yakisoba, stir-fry chicken

Dinner: fish and chips, baked Italian sausage

Thursday

Lunch: baked ham, hot-and-spicy chicken

Dinner: pork chow mein, lemon-basted sole

Menus are subject to change.

AAFES enhances IMPAC purchasing convenience

DALLAS (AFPN) — Ringing up \$58 million in government charge card purchases last year, the Army and Air Force Exchange Service is growing into a booming business by keeping it simple.

“Sales figures show that AAFES is the single largest destination for military spending via government purchase cards,” said Barry Gordon, AAFES’ sales directorate vice president. “Convenience is the key to building on our strength as the preferred place to shop, so we’re placing special emphasis on making official purchases simple and quick.”

This means that government employees, approved by the Department of Defense to make official purchases, no longer have to sign a logbook or provide a unit address to use their government charge cards at AAFES facilities.

Realizing the added convenience this could mean, Tyndall Base Exchange officials took the steps needed

to make this happen last summer. “The use of a logbook or request for unit address from IMPAC card users was discontinued July 1999,” said Judy Bailey, Tyndall AAFES Base Exchange manager. “In addition, as an added benefit to using the base exchange for government purchases, approved IMPAC card users receive a 10 percent discount towards every item purchased with the card.”

Saving IMPAC customers time is one of the main reasons for the change, Gordon said. “Civilians are often the primary purchasers of mission-related goods and services for military organizations,” he said. “Their time is valuable, and we realize that to require them to do more than present their government identification card and purchase card isn’t necessary.”

DOD civilians not otherwise authorized to shop at base and post ex-

changes can make official purchases there with Government Purchase Cards, also known as General Services Administration Smart Pay or IMPAC cards. Catalog purchases are also possible by telephone, and AAFES’ future plans include bringing official purchasing online at: www.aafes.com.

Tax relief measures required to complete purchases at other locales do not apply, since base and post exchange sales are tax-free.


AAFES’ earnings from government purchase card sales are returned to military installations for funding of morale, welfare and recreation programs.

In Fiscal 1999, overall purchases on government charge cards reached \$4.6 billion, a 35 percent increase from 1998, and cut across a wide range of goods and services, according to the DOD.



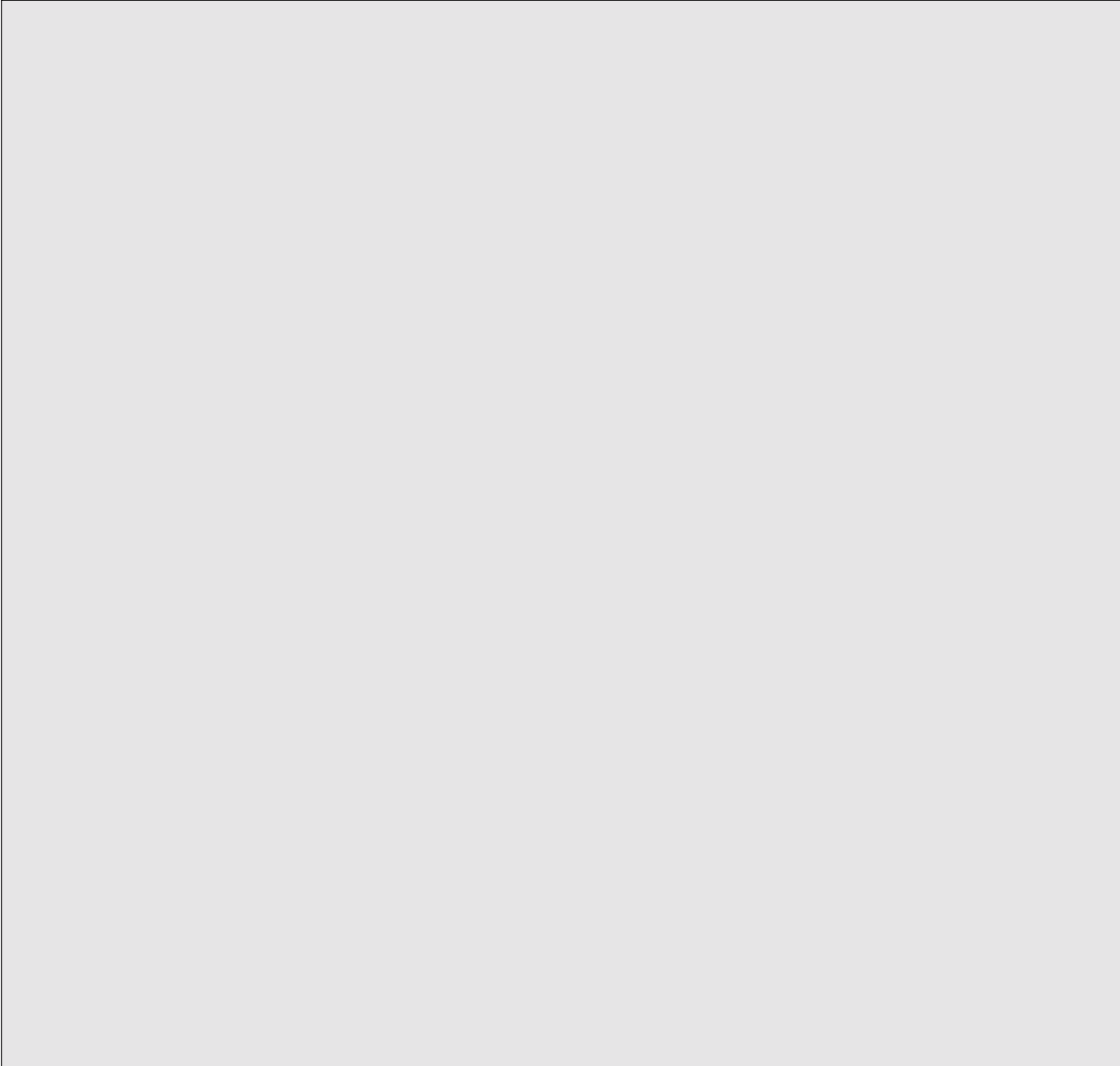
What's cooking?

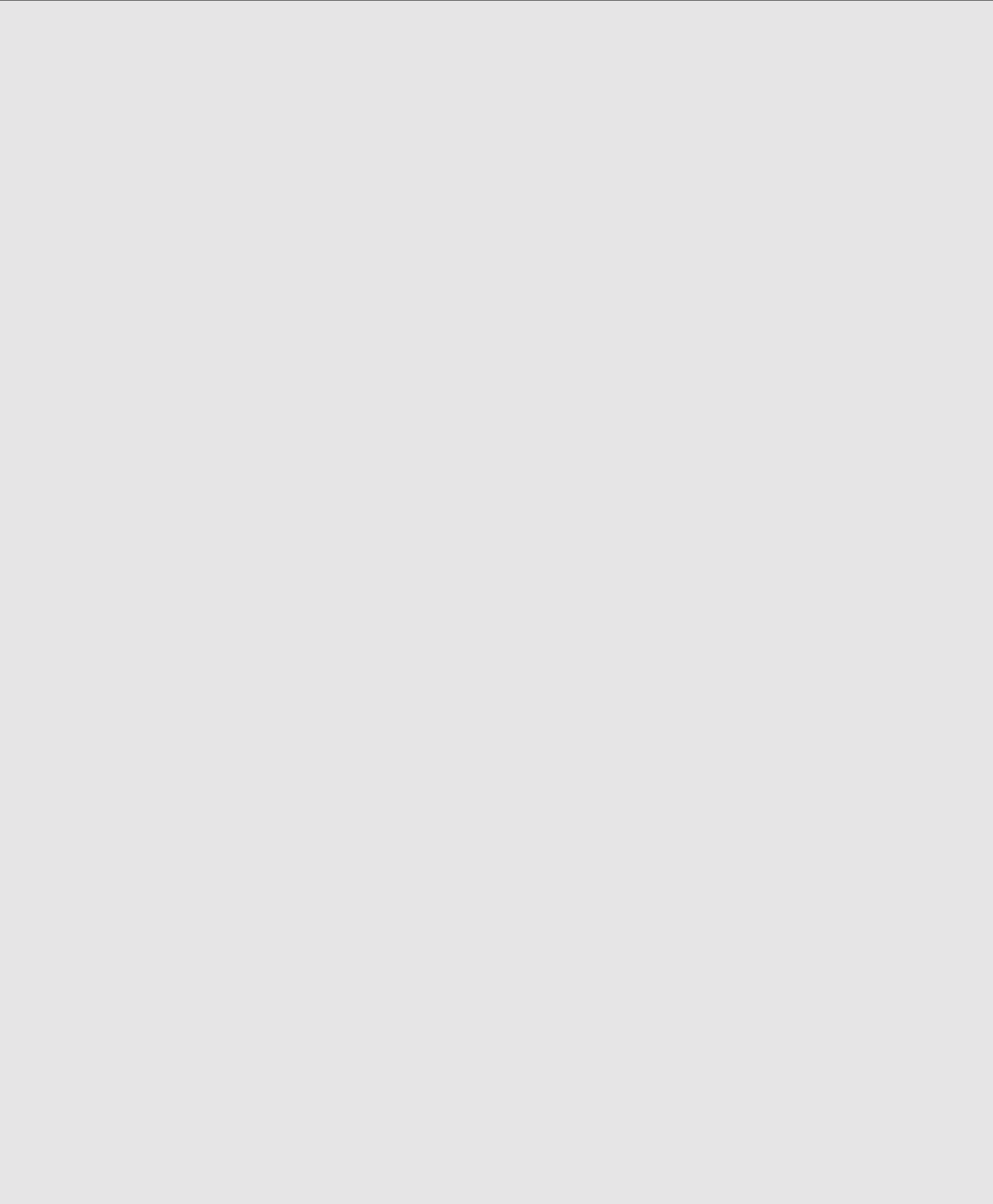
**Enlisted Club
lunch buffet**



11 a.m. - 1 p.m.

Monday	<i>Chef's choice</i>
Tuesday	<i>Sirloin steak</i>
Wednesday	<i>Carve station</i>
Thursday	<i>Country food</i>
Friday	<i>Seafood</i>





Sports and fitness

Attaining physical fitness, staying healthy for life

Master Sgt. David P. Masko
Air Force News Service

The people fighting the Air Force's war on flab believe the buzz word of the next century will be health promotion — a call to change one's lifestyle to stay healthy.

People have known for years that

diet and exercise matter and stress takes a toll. However, this information has taken a while to really take hold in the Air Force, said officials who manage the Air Force's fitness program at Brooks AFB, Texas.

The goal is to increase our population's knowledge about health and fitness, and thus far, it's proven very successful in the Air

Force community. Simply put, Air Force people are going to the gym more often and taking the time out for fitness, officials said.

The surgeon general has recommended a program to the president and Congress for employers to give their people time to exercise, saying the benefits of regular fitness programs are great.

But it's not only the surgeon general and the Air Force who are touting the benefits of a healthy lifestyle. A recent report by the American Medical Association — in their Olympics and Sports Medicine theme issue — said physical fitness is an important predictor of mortality.

According to a large-scale study, AMA researchers found lower death rates among even moderately fit people compared to those with sedentary lifestyles.

"Being fit is good for you whether you have other risk factors or not," said Dr. Steven N. Blair, The Cooper Institute for Aerobic Research in Dallas, Texas, director of research who released his research at an AMA media briefing.

"We see this association in the healthy and the unhealthy, the fat and the lean, the smokers and the non-smokers and those with and without elevated blood pressure or cholesterol levels," Blair said.

However, Blair stressed he does not want people to walk away with the idea that they can continue smoking as long as they exercise. "It's not all right to smoke, but if you do smoke you are better off if you exercise," he said.

At the same time, Air Force fitness experts believe it's best to stop smoking altogether. More than

1,000 stop-smoking clinics are held on bases every year. In fact, officials estimate more than 80,000 Air Force people have quit smoking since the anti-smoking efforts began in 1986.

In 1999 at Tyndall 245 people took stop-smoking classes and an estimated 30 people are still smoke-free, said Master Sgt. Jerry M. Roe, health and wellness center health promotions NCOIC. "That is about a 12 percent average, and that is right around the national average for stop-smoking classes," he said.

Blair and his colleagues measured the relationship between physical fitness and mortality by following 25,341 men and 7,080 women for an average of more than eight years to compare the relationship between fitness and risk factors that predispose people to an early death.

The study recorded a total of 690 deaths, with 226 deaths from cardiovascular disease.

The researchers conclude: "Our study underscores the strong, graded and independent association of fitness with CVD and all-cause mortality. We believe physicians should counsel all of their sedentary patients to become more physically active and improve their cardio-respiratory fitness," Blair said.



Staff Sgt. Mona Ferrell

Running for fun

Lt. Col. Richard McSpadden, 325th Operations Support Squadron current operations flight commander, and his wife Judy, with their son Grant in the stroller and daughter Annabelle on his shoulders, finish the Gulf Coast Salute Fun Run Saturday morning.



Tech. Sgt. Sean E. Cobb

Carrying the torch

Chuck Messar, Mexico Beach volunteer fireman, carries the torch during the 2000 Law Enforcement Torch Run. Runners from the law enforcement community on Tyndall and around Bay County participated in the run.

Intramural volleyball standings

Team	W-L	PF	PA	GB
CONR	7-0	5.3	2.9	—
81 TSS	5-0	11.2	4.8	1.0
95 FS	3-0	6.3	3.7	2.0
MED GP	5.1	3.3	2.8	1.5
NCOA	5-1	9.3	5.5	1.5
325 OSS	5-1	9.3	7.2	1.5
2 FS	5-2	3.6	2.7	2.0
325 COMM 1	5.2	4.9	1.6	2.0
AFCESA	2-2	7.3	7.5	3.5
325 CES	2-3	10.4	10.8	4.0
RHS	2-4	4.7	5.5	4.5
325 TRS	2-4	4.0	5.3	4.5
325 SVS	3-6	4.2	5.6	5.0
325 MXS	2-5	4.9	6.7	5.0
325 COMM 2	2-5	2.3	4.9	5.0
325 MSS	2-6	4.3	6.0	5.5
TEST	1-4	6.0	6.8	5.0
1 FS	1-7	3.6	6.3	6.5
83 FWS	0-6	5.5	10.0	6.5

W-L = Wins and losses
PF = Points for team
PA = Points against team
GB = Games back from first place



Fitness Tips

For outdoor activities, take special precautions on hot, humid days.

- Exercise during the cooler, less humid parts of the day such as early morning or early evening.
- Drink lots of fluids, particularly water, before, during and after exercising. Usually, you do not need extra salt because you get enough salt in your diet. However, if you exercise very vigorously for an extended time in the heat, it's a good idea to increase salt intake a little.
- Watch out for signs of heatstroke — feeling dizzy, weak, lightheaded, or being excessively tired. A person also stops sweating when approaching heatstroke.
- Wear light, loose-fitting clothing.
- Avoid rubberized or plastic suits, sweatshirts and sweatpants. Such clothing will not help you lose weight. This type of clothing can also cause dangerously high body temperatures, possibly resulting in heat stroke.